JMHS Girls Soccer September 2021

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
| **Workout colors:****Red/Black/Black** |  |  | **Practice****1 – 3 PM** | **Scrimmage****3:45 PM V/JV 5 F****Middletown South** | **Practice** **1 – 3 PM****Costume 2 v 2 Tournament** | **Off** |
| **5** | **6** | **7** | **8** | **9** | **10** | **11** |
| **Off****Workout colors:****White/Black/Black** | **Practice (Labor Day)****8 -10 AM** | **Practice** **8 – 10 AM** | **Practice****8 – 10 AM** | **Game****4 PM (Away) V/JV****Southern Regional** | **Practice** **2:15 - 4 PM** | **Game****10 (Away) V/JV 11:15 F****Freehold Township** |
| **12** | **13** | **14** | **15** | **16** | **17** | **18** |
| **Practice** **8 - 10 AM****Black/Black/Black** | **Practice****2:15 - 4 PM** | **Game****3:45 (Home) V/JV 5 F****Toms River North** | **Practice****2:15 - 4 PM** | **Practice (No School)****8 - 10 AM** | **Game****3:45 (Away) V/JV****Brick Memorial** | **Off** |
| **19** | **20** | **21** | **22** | **23** | **24** | **25** |
| **Track Workout****8 - 9 AM (Optional)****Red/Black/Black** | **Practice****2:15 - 4 PM** | **Practice** **2:15 - 4 PM** | **Game****3:45 (Home) V/JV 5 F****Toms River East** | **Practice** **2:15 - 4 PM** | **Game****3:45(Away)V/JV 5:15F****Manalapan**  | **Game** **Mountains v. Seas****11 AM V****Pingry(Ridge)** |
| **26** | **27** | **28** | **29** | **30** |  |  |
| **Off****White/Black/Black** | **Practice****2:15 - 4 PM** | **Game****3:45( Away)V/JV5:15F****Central Regional** | **Practice** **2:15 - 4 PM** | **Game****3:45 (Away) V/JV****Toms River South** |  |  |